

**Sandip Foundation's
Sandip Institute of Technology & Research Centre, Nashik
Department of Engineering Sciences and Humanities**

Date: 19th JULY2017

Name of Event: Guest Lecture

Location: Computer Dept. Seminar Hall, SITRC

Department of Engineering Sciences and Humanities (F. E.) of Sandip Institute of Technology & Research Centre has organized a Guest Lecture of **Dr.Vaibhav Lunkad** on “**Stress Management and Communication Skill**” on 19th July 2017, Wednesday at 11.00 AM at Computer Seminar Hall of SITRC. Near about 190 students attended the lecture.

OUTCOME: Students feel better able to handle stress. Body automatically becomes healthier, mood more positive. Work is more productive.

Photos:





