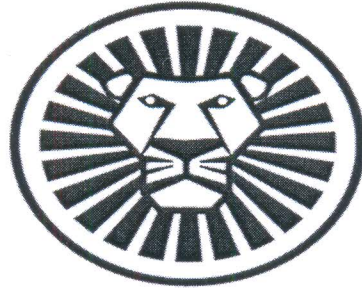


Activity Report
Of
" Self Defense Program for Girl's "



SANDIP
FOUNDATION

Organized by ,
Sandip Foundation's
Sandip Institute of Technology and Research Center
Womens' Grivance Committee

Date: 3rd October 2019

Name of Event: "Self Defense Program for Girl's"

Date of Event: 1st October 2019

Type of the Event: Self Defense Program for Girl's under Womens Grievance Cell

Duration of Event: 2 Hr

Name of resource person: Mr. Siddesh Khairnar, Joint Secretary of ABVP, nashik region

Name and Address of Company: Sharanpur Rd, Adwait Colony, umiya apartment, Canada Corner, Nashik, Maharashtra 422005

Name of Event Coordinator: Dr. Gayatri Phade

Detail of Participant with Count: 100

Revenue Generated Details: Nil

Objectives: To aware Girls students about self defence.

Outcome: Helpful to improve knowledge and development skills.

About the Event: Womes's Grievance Cell along with ABVP organized self defence program for girls " Mission Sahasi". A brief about need of self defence in day to day life for women's and how Karate, Kung Fu, judo karate etc. can be use for defence and also gave demonstration of few karate techniques which is helpful for girls.

Also Dr. Gayatri Phade coordinator of Womens Grievance Committee brief girl's about Womens Grievance Cell, ICC Committee and WE TEAM.

Photographs:



Innaugration of Self Defence Program for Girl's

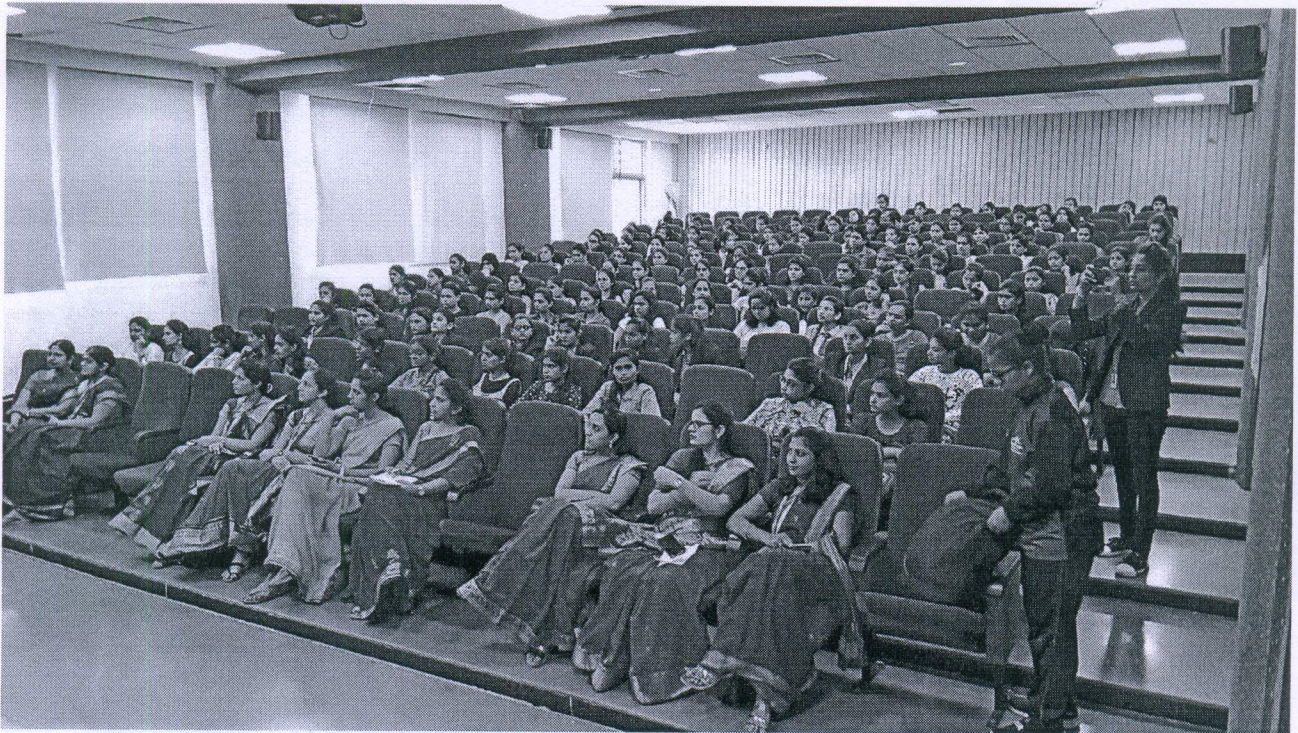
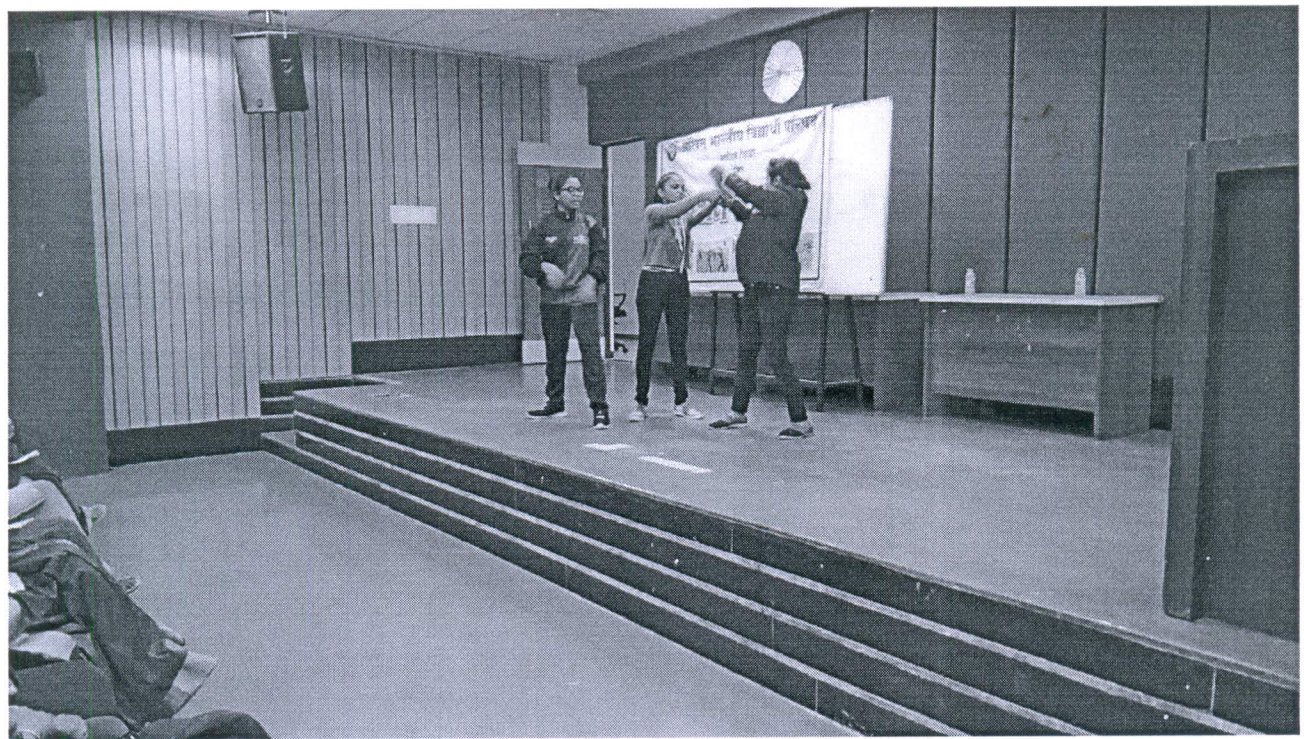
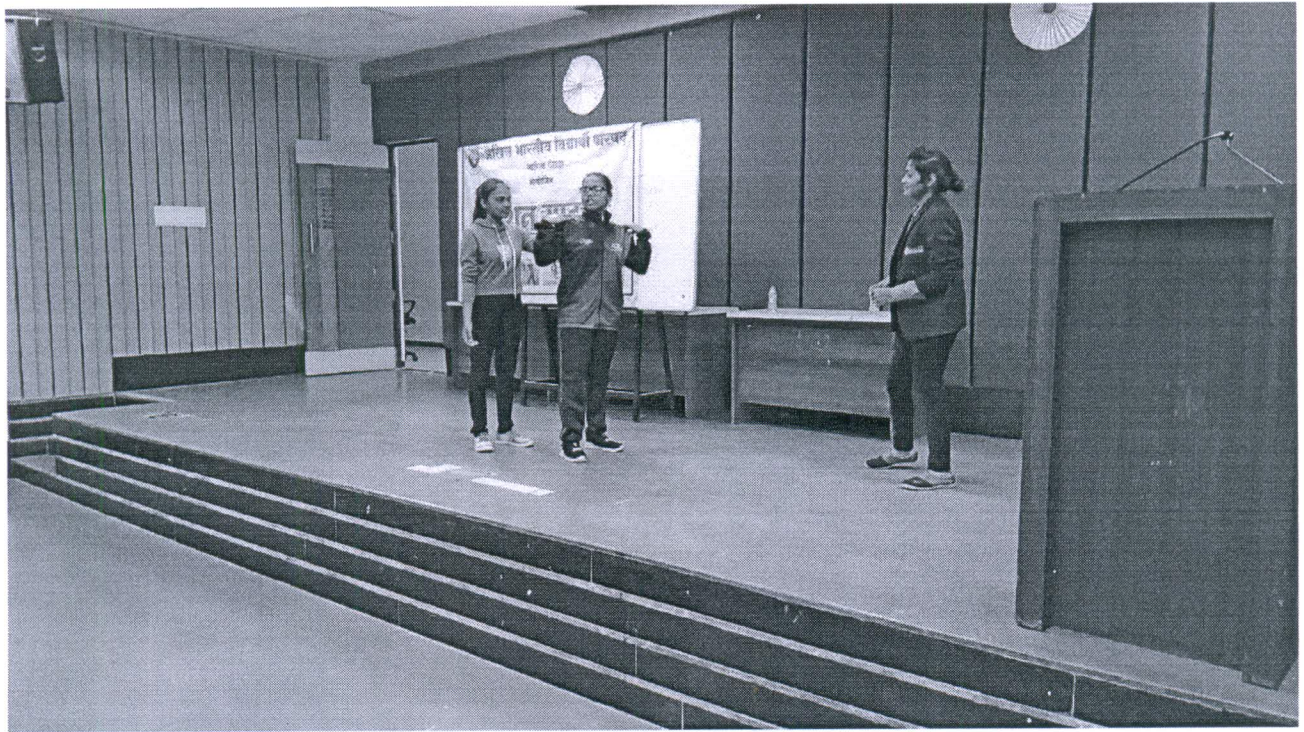


Photo of Self Defence Program for Girl's



Practical Demonstration of Krate