

**Activity Report**  
**of**  
**Time Management Program**

**A.Y. 2023-24**



**SANDIP**  
**FOUNDATION**

**Organized by ,**

**Sandip Foundation's**  
**Department of Engineering Sciences and Humanities**  
**Sandip Institute of Technology and Research Centre, Nashik (MS)**  
**DTE Code: 5109**

Date : 24<sup>th</sup> August 2023

**Name of Program :** Time Management Program for First Year B. Tech. Students

**Resource Person :** Prof. Dr. Mohini Gurav, HoD English Dept, Sandip University Nashik

**Event Coordinator :** Prof. V.P. Chitodkar

**Participants :** F.Y.B.Tech students (ESH Department)

**No. of Participants :**

**Venue :** Seminar Hall

**Aim :**

The aim of this program is to enable people to get more and better work done in less time..

**Objective :**

- To provide information about Time Management.
- To provide importance about Time Management.
- To motivate students to develop skills required for Time Management .
- To increase focus, to build confidence, and to allow to plan time available more effectively.
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**Outcomes :**

1. Students got information about Time Management and different activities conducted by Incubation Cell.
2. Students got inspired for Time management.
3. Students understood the the benefits of time management include better habits and greater productivity.

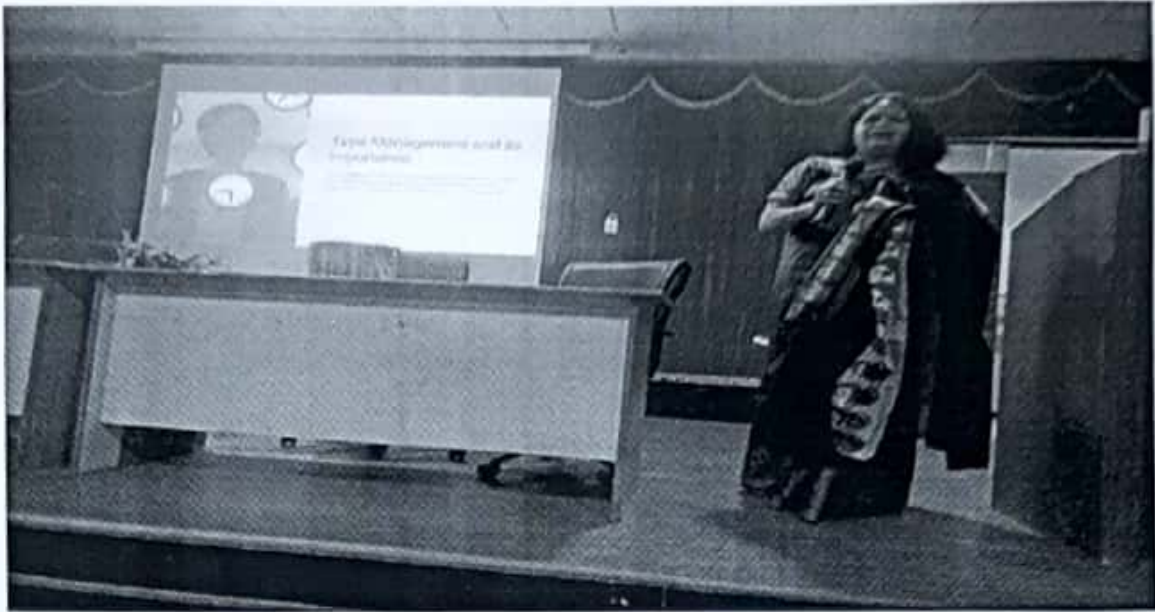
### **Summary of Program:**

The session on Time Management was conducted for First Year B. Tech students on 23<sup>rd</sup> August 2023 and 24<sup>th</sup> August 2023 in two different sessions by Prof. Dr. Mohini Gurav, HoD, English, Sundip University. First session was conducted from 3:00 pm to 5:00 pm in Mechanical Seminar hall, D building. For this session the beneficiary students were newly admitted students in the branch IT, Computer, AI& DS. Second session was conducted from 3:00 pm to 5:00 pm in Computer Seminar hall, C building. For this session the beneficiary students were newly admitted students in the branch Mechanical, Automation & Robotics, Electronics & Telecommunication, Electrical, Civil. During the session speaker has highlighted many important facets of Time Management. She explained the concept of Time Management step by step with the help of PPT. Students enthusiastically participated in the session. Students also shared their views. Students enjoyed the session and got inspired for Time Management. Seminar was inaugurated by Dr. M. M. Patil Sir in the presence of HOD of Engineering Science and Humanities and faculty members of Sandip Institute of Technology and Research Centre, Nashik.

### **Photographs :**



**Felicitation of Guest Speaker Dr. Mohini Gurav Ma'am by Prof.V.P.Chitodkar**



**Dr. Mohini Gurav addressing the students**



**Prof. V.P. Chitodkar**

**Event Coordinator**

**Prof. J. M. Shah**

**HOD, ESH**