



Activity Report Of Sports (Cricket) (2022-2023)





Name of Programme: Cricket

Date: 7 to 9 November 2022

Event Coordinator: Prof. Pratap Garudkar

Participants: Students from various Branches

Venue: Playing ground SITRC

Aim: The aim of cricket is to score more runs in limited over.

Objective: Cricket is a bat-and-ball game played between two teams of eleven players on a field at the centre of which is a 22-yard (20-metre) pitch with a wicket at each end, each comprising two bails balanced on three stumps. The batting side scores runs by striking the ball bowled at one of the wickets with the bat and then running between the wickets, while the bowling and fielding side tries to prevent this (by preventing the ball from leaving the field, and getting the ball to either wicket) and dismiss each batter (so they are "out"). Means of dismissal include being bowled, when the ball hits the stumps and dislodges the bails, and by the fielding side either catching the ball after it is hit by the bat, but before it hits the ground, or hitting a wicket with the ball before a batter can cross the crease in front of the wicket. When ten batters have been dismissed, the innings ends and the teams swap roles. The game is adjudicated by two umpires, aided by a third umpire and match referee in international matches. They communicate with two off-field scorers who record the match's statistical information.

The objective of a cricket team is to score runs more than their opponent and win the game. A run is scored with the help of ball and bat. Players can use hand assisted with bat to score the run.

Outcomes: Cricket is a most popular game all over the world. It is an inexpensive game, played in almost all the countries with much interest. Players, who practice it regularly, get benefited in many ways. It provides lots of benefits to the physical and mental health.





, Photograph



Figure 1: Students playing cricket match





Summary Report of Sports

Cricket is an outdoor Sport and also a national level Sport hosted by the A & R Students Association, SITRC, Sandip Foundation, Nashik, on the 2022- 2023.

, Rules of Playing Cricket

Rules of playing the cricket game are officially called as Laws of the Game. There are several rules of playing this game under two teams as given below:

- Cricket is played between two teams each made up of eleven players. (Sometime in junior competitions you will find 8 player teams).
- Games comprise of at least one innings where each team will take turns in batting and fielding/bowling.
- The fielding team will have a bowler bowl the ball to the batsman who tries to hit the ball with their bat.
- The fielding team tries to get the batsmen out by:
 - Hitting the wickets with the ball when bowling
 - Catching a batsman's shot on the full
 - Hitting the batsman's leg in front of the wicket (LBW)
 - Or hitting the wickets before the batsmen can run to the other end of the pitch
- The batmen try to score as many runs as possible before getting out by:
 - Hitting the ball and running between the wickets and making it to the other end before the fielders can hit the wickets with the ball. Each time you run one full length of the pitch it equals 1 run.
 - Hitting the ball to the boundary along the ground is 4 runs.
 - Hitting the ball over the boundary on the full equals 6 runs.
- The fielding team must get 10 batsmen out before they can change over and start batting.
- The aim of the game is to score as many runs as possible before the fielding team takes 10 wickets. The team with the most runs wins.

Event Coordinator

Stratogy & Research Principal