



**Sandip Institute of Technology and  
Research Centre, Nashik  
Department of Automation & Robotics**



## **Activity Report Of Sports (Football) (2022-2023)**



**Sandip Institute of Technology and  
Research Centre, Nashik  
Department of Automation & Robotics**



**Name of Programme:** Football

**Date:** 13 to 15 February 2023

**Event Coordinator:** Prof. Pratap Garudkar

**Participants:** Students from SITRC

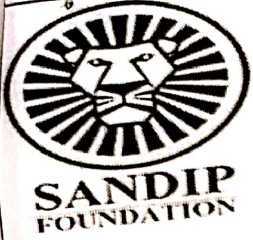
**Venue:** Playing ground SITRC

**Aim:** The aim of football is to score more goals than your opponent in a 90 minute playing time frame.

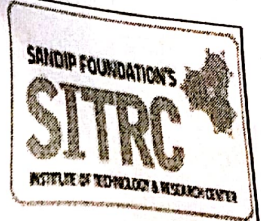
**Objective:** Football is played by two teams on a large rectangular shaped grass field. There are two goal posts on both ends of the breadth of the field. Both the teams vie for the ball by tackling each other and try to kick the ball into opponent's goal post. The goalkeeper can only stop the ball with hands within a restricted area around the goal post. Rest of the players have to play by kicking the ball and passing it within teammates.

The objective of a football team is to score a goal more than their opponent and win the game. A goal is scored when the ball passes the goal line. Players can use any part of their body to score the goal but not their hands.

**Outcomes:** Football is a most popular game all over the world. It is an inexpensive game, played in almost all the countries with much interest. Players, who practice it regularly, get benefited in many ways. It provides lots of benefits to the physical and mental health.



**Sandip Institute of Technology and  
Research Centre, Nashik**  
**Department of Automation & Robotics**



**Photograph**



**Figure 1: Students playing football match**



**Sandip Institute of Technology and  
Research Centre, Nashik  
Department of Automation & Robotics**



**Summary Report of Sports**

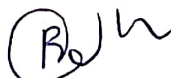
Football is an outdoor Sport and also a national level Sport hosted by the A & R Students Association, SITRC, Sandip Foundation, Nashik, on the 2022- 2023.

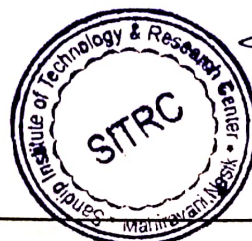
**Rules of Playing Football**

Rules of playing the football game are officially called as Laws of the Game. There are almost 17 rules of playing this game under two teams:

- It is played in a rectangular field with two long sides (touch lines) and two shorter sides (goal lines). It is played in a field divided by halfway line.
- Football must be round in shape (made of leather) with 68-70 cm in circumference and filled with air.
- It has two teams of 11 players in each. Once cannot start this game if any team has less than 7 players.
- There should be a referee and 2 assistant referees to ensure the Laws of game. Assistant Referees.
- This game is of 90 minutes duration with 2 halves of 45 minutes each. Interval should not exceed more than 15 minutes.
- A ball becomes in play all time however becomes out of play whenever a team has scored a goal or referee has stopped the game.
- There is a goal kick to restart the play after a goal is scored.

  
Event Coordinator

  
HOD



  
Principal