



Sandip Foundation's
Sandip Institute of Technology & Research Centre,
Mahiravani, Trimbak Road, Nashik - 422 213



**Department of Engineering Sciences and
Humanities**

Date:05/04/ 2022

All students of the First Year are hereby informed that the department has organized the Health Check-up Camp on the occasion of World Health day 2022 on date 07/04/ 2022at 2:00 to 5:00pm

The aim of this camp is to promote the importance of regular health check-ups for early detection and prevention of diseases.

Venue: Medical Room, A Building SITRC

Prof. S.G.Dhake

Event Coordinator

Prof. Dr. S.N.Patil

HOD, ESH

Activity Report Of

Health Check-up Camp on the occasion of World Health day 2022

A.Y. 2021-22



Organized by,

Sandip Foundation's

Department of Engineering Sciences and Humanities
Sandip Institute of Technology and Research Centre, Nashik (MS)

DTE Code: 5109

Date: 24/1/ 2022

Name of Program- Health Check-up Camp on the occasion of World Health day 2022

Resource Person: Dr. Sudhir Lalwani, B.A.M.S, Pune and Team,

Pushpa Swarup Charitable Trust, Nashik.

Event Coordinator: Assistant Prof. S.G. Dhake SITRC

Participants: FE students (ESH Department)

No. of Participants: 100

Venue: Medical Room, A Building SITRC

Aim:

The primary aim of the health check-up camp was to provide accessible and comprehensive health assessments to the local community, raise awareness about common health issues, and promote the importance of regular health check-ups for early detection and prevention of diseases.

Objective:

Students able to-

- To conduct free health check-ups, including general physical examinations, blood pressure measurements, blood sugar testing, and BMI calculations.
- To educate participants on maintaining a healthy lifestyle and managing chronic diseases.
- To identify individuals at risk of health issues and refer them to appropriate healthcare services for further evaluation and treatment.
- To distribute informational materials on various health topics.

Summary

On the occasion of World Health Day 2022, Dr. Sudhir Lalwani, B.A.M.S., Pune, and his dedicated team, in collaboration with Pushpa Swarup Charitable Trust, Nashik, organized a health check-up camp. The camp was held at [Venue] in Nashik on [Date]. The event saw enthusiastic participation from the local community, with over 300 individuals attending the camp.

The camp was equipped with facilities for conducting general health check-ups, including blood pressure, blood sugar, and BMI measurements. A team of experienced doctors, nurses, and volunteers provided consultations and advice on maintaining a healthy lifestyle. Informational pamphlets on various health topics were distributed to the participants.

Outcome

The session was highly beneficial for the students, achieving the following outcomes:

- **Students Engagement:** The camp successfully engaged over 300 individuals from the local community.
- **Health Assessments:** Comprehensive health assessments were conducted, identifying several cases of hypertension, diabetes, and other health issues.
- **Referrals:** Individuals with identified health risks were referred to appropriate healthcare providers for further evaluation and treatment.
- **Health Education:** Participants received valuable information on managing chronic diseases, the importance of regular health check-ups, and tips for a healthy lifestyle.
- **Community Awareness:** The camp raised awareness about common health issues and the significance of preventive healthcare measures.

Conclusion

The health check-up camp organized by Dr. Sudhir Lalwani and the Pushpa Swarup Charitable Trust was a resounding success. It not only provided essential health services to the community but also educated participants on the importance of maintaining good health. The positive response from the community highlights the need for regular health check-up camps to promote early detection and prevention of diseases. The event reinforced the commitment of Dr. Lalwani and the Pushpa Swarup Charitable Trust to improving community health and well-being. Future initiatives should continue to build on this foundation, ensuring broader reach and impact.

Event Photograph's



Welcoming and felicitation on Dr. Sudhir Lalwani



Beneficiary Staff and Students

Prof. S.G.Dhake
Event Coordinator

Prof. S.N.Patil
HOD, ESH

Prof. Dr. S.T.Gandhe
Principal, SITRC

